



August 2025

Date 8/4/25 Monday	Date 8/5/25 Tuesday	Date 8/6/25 Wednesday	Date 8/7/25 Thursday	Date 8/8/25 Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Diced Peaches Milk	White Wheat Toast Strawberry Jelly Fried Apples Milk	Cinnamon Toast Crunch Strawberries Milk	Blueberry Muffins Grape Juice Milk	Sausage Biscuit & Gravy Apple Juice Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Sloppy Joes Broccoli w/ cheese Later Lots WG/Bun Mixed Fruit Milk	Chicken Strips Green Beans (Toddler) Baked Beans (Preschool) Mashed potatoes White Whole Grain Bread Mandarin Oranges Milk	Hamburger French Fries Corn Parboiled Carrots (Toddlers) Diced Pears Milk	Spaghetti W/Meat Sauce Salad Mix California Blend (Toddlers) Garlic Bread Pineapple Tidbits Milk	Meat Loaf Mashed Potatoes Corn (Preschool) Cooked Carrots (Toddlers) Whole Wheat Bread Cantaloupe Milk
SNACK	SNACK	SNACK	SNACK	SNACK
Mozzarella Cheese Sticks Slice Cheese (Toddlers) Saltine Crackers	Cheerios Milk	Teddy Grahams Frozen Vanilla Yogurt	Graham Crackers Jello w/ Mandarin Oranges	Club Crackers Cream Cheese

Dietitian Consultant

ZKMS ROLD



August 2025

Date 8/11/25 Monday	Date 8/12/25 Tuesday	Date 8/13/25 Wednesday	Date 8/14/25 Thursday	Date 8/15/25 Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cinnamon Toast Grape Juice Milk	Pancakes W/Syrup Diced Peaches Milk	Rice Krispies Strawberries Milk	French Toast Sticks w/syrup Applesauce Milk	Breakfast Burrito Soft Tortilla Shell Scrambled Eggs Cheese Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Alfredo Broccoli Mandarin Oranges Garlic Bread Milk	Cheeseburger Corn (Preschool) California Blend (Toddlers) French Fries Pineapple Tidbits Milk	Macaroni & Cheese Peas Mixed Fruit Whole Wheat Bread Milk	Pepperoni Pizza Carrot Sticks Parboiled Watermelon Milk	Chicken Nuggets Green Beans & Potatoes Vanilla Pudding w/ Banana Whole Wheat Bread Milk
SNACK	SNACK	SNACK	SNACK	SNACK
Mixed Fruit Teddy Grahams	Cheerios Milk	Orange or Blueberry Muffin Milk	Vanilla Yogurt Graham Crackers	Cinnamon Toast Crunch Milk

Dietitian Consultant

ZK MS RD LD



August 2025

Date 8/18/25 Monday	Date 8/19/25 Tuesday	Date 8/20/25 Wednesday	Date 8/21/25 Thursday	Date 8/22/25 Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles w/syrup Diced Peaches Milk	Blueberry or Orange Muffin Mandarin Oranges Milk	Rice Chex Cereal Strawberries Milk	Sausage Biscuit w/Gravy Orange Juice Milk	Oats Buttered Wheat Toast Apple Juice Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Salisbury Steak Mashed Potatoes Green Beans Rolls Pears Milk	Chicken & Noodles Peas Whole Wheat Bread Frozen Vanilla Yogurt Mixed Fruit Milk	Cheese Ravioli w/Meat Sauce Corn (Preschool) California Blend (Toddlers) Garlic Bread Sticks Diced Peaches Milk	Chicken Strips Carrot Sticks Parboiled Tater Tots Whole Wheat Bread Cantaloupe Milk	Fish Sticks Broccoli French Fries White Whole Grain Bread Mandarin Oranges Milk
SNACK	SNACK	SNACK	SNACK	SNACK
Strawberry Yogurt Snacks Applesauce	Club Crackers Cheddar Cheese Cubes	Blueberry Muffin Milk	Strawberry Yogurt Granola	Rice Krispies Milk

Dietitian Consultant

ZK HSRDLD



August 2025

Date 8/25/25 Monday	Date 8/26/25 Tuesday	Date 8/27/25 Wednesday	Date 8/28/25 Thursday	Date 8/29/25 Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
White Wheat Toast Strawberry Jelly Scrambled Eggs Orange Juice Milk	French Toast Sticks Syrup Mixed Fruit Milk	Blueberry Muffin Grape Juice Milk	Sausage Biscuit Applesauce Milk	Bagel Strawberry Cream Cheese Fresh Strawberries Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Sandwich Peas Tater Tots Mandarin Oranges Milk	Beef Taco Corn (Preschool) Cooked Carrots (Toddlers) Diced Pears Milk	Chicken Nuggets Green Beans w/Potatoes Whole Wheat Bread Pineapple Tidbits Milk	Macaroni & Cheese Broccoli Watermelon White Wheat Bread Milk	Cheese Pizza California Blend Mixed Fruit Milk
SNACK	SNACK	SNACK	SNACK	SNACK
Strawberry/Banana Yogurt Granola	Applesauce Teddy Grahams	Raspberry Yogurt Milk	Goldfish Crackers Pears	Colby Jack Cheese Sticks Sliced Cheese (Toddlers) Saltine Crackers

Dietitian Consultant *ZKMSRDLID*